

Exploratory Actions:	Date
<input type="checkbox"/> Connect with <a href="#">Career Services</a> & participate in Career Assessments	_____
<input type="checkbox"/> Review the list <a href="#">UW Bothell majors</a> & major curriculum	_____
<input type="checkbox"/> Review the major's prerequisites and required courses	_____
<input type="checkbox"/> Take an exploratory course in an area of interest	_____
<input type="checkbox"/> Meet with professors in majors that interest you	_____
<input type="checkbox"/> Join a <a href="#">student club</a> related to a major of interest	_____
<input type="checkbox"/> Job shadow or volunteer in a career area associated with a future major	_____
<b>*Please review the second page of this document for tips and strategies to help during your exploratory journey.</b>	

**General Education and Areas of Knowledge**

Writing Requirement – 15 credits	Natural World (NW) – 15 credits
<input type="checkbox"/> B WRIT 134 or B WRIT 132/133 Composition	<input type="checkbox"/> Course: _____
<input type="checkbox"/> B WRIT 135 Research Writing	<input type="checkbox"/> Course: _____
<input type="checkbox"/> TBD (May be major specific)	<input type="checkbox"/> Course: _____

Visual, Literary, Performing Arts (VLPA) – 15 credits	Individuals & Societies (I&S) – 15 credits
<input type="checkbox"/> Course: _____	<input type="checkbox"/> Course: _____
<input type="checkbox"/> Course: _____	<input type="checkbox"/> Course: _____
<input type="checkbox"/> Course: _____	<input type="checkbox"/> Course: _____

(QSR) – 5 credits	Diversity (DIV) – 3 credits
<input type="checkbox"/> Course: _____	<input type="checkbox"/> Course: _____

General Electives or Other Courses
<input type="checkbox"/> _____
<input type="checkbox"/> _____
<input type="checkbox"/> _____

# Exploratory Major Experience

## What is Exploratory:

- This sheet is to help provide resources and a timeline to students as they explore majors while attending UW Bothell. Please know that these are suggestions and we understand all students are different and will determine their own path.

## Tips for Exploring Majors:

- Reflecting on your future goals and interests are a great way to see if a major might be a positive fit for you.
- Consult with individuals you trust and who you feel know you, your values, and interests.
- Please know that you can change your mind while you are exploring.

## Resources for Major Exploration

- What Jobs Can You Get With Your Degree
  - <https://www.talentdesk.com/career-finder>
- Occupational Outlook Handbook
  - <https://www.bls.gov/ooh/>
- What Can I do with this Major
  - <https://whatcanidowiththismajor.com/major/>
- O\*Net Online
  - <https://www.onetonline.org/>

## Reviewing Majors:

- Read the [University's Catalog](https://www.uwb.edu/catalog) description for the major
  - <https://www.uwb.edu/catalog>
- Read the major's departments website to learn about their program and faculty
  - <https://www.uwb.edu/degrees>
- List GPA or prerequisite requirements to be accepted into the major using the Pre-Major [major planning worksheets](https://www.uwb.edu/premajor/advising/major-worksheets)
  - <https://www.uwb.edu/premajor/advising/major-worksheets>
- Review the required courses for the major by using the [MyPlan degree audit](https://helpcenter.uw.edu/myplan/dars/)
  - <https://helpcenter.uw.edu/myplan/dars/>
- Review the prerequisites for the for the required courses within the major by using the [degree maps](#)
  - Select a degree program. The Degree Map link is in the lower right corner

Top 3 Majors & Why! (Please fill this out before meeting with your academic advisor)

- |          |
|----------|
| 1. _____ |
| 2. _____ |
| 3. _____ |